

Sandra Mason
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Profile

Certified nursing assistant with three years of experience providing direct care in hospital and long-term care settings. Strong commitment to ensuring the safety and well-being of all patients. Recognized by nurses and physicians for communicating effectively with patients and their family members.

Key Skills

- Accurate measurement of vital signs and patient intake/output
- Cardiopulmonary resuscitation and first aid
- Extensive knowledge of infection-control procedures
- Strong ability to put patients at ease, especially during difficult procedures
- Utilizing pulleys, gait belts and other equipment to perform patient lifts safely

Professional Experience

Certified Nursing Assistant, UC San Diego Health, San Diego, CA

June 2019 - Present

- Enhance patient comfort by changing linens, rearranging pillows and providing cushions to relieve pressure on the legs and tailbone
- Dress wounds according to best practices for improving circulation and decreasing the risk of infection
- Measure and record temperature, blood pressure, pulse and oxygen saturation level
- Listen to patients' concerns and report them to the nurse or social worker on duty
- Provide assistance with bathing, eating and toileting

Certified Nursing Assistant, Maple Grove Nursing Home, San Diego, CA

July 2017 - June 2019

- Provided assistance with major activities of daily living, including grooming, bathing and toileting
- Worked with orderlies to transfer patients into and out of beds, gurneys and wheelchairs
- Monitored patients and reported worsening symptoms to the registered nurse on duty
- Assisted with medical procedures by positioning patients correctly and making sure providers had access to the right supplies and equipment
- Changed dressings and monitored wounds for signs of infection

Education

Nursing Assistant Training Program

San Diego Medical College San Diego, CA, May 2017

Certifications

- California Department of Health Certified Nursing Assistant, #12345678